



Healing Hands Holistic Therapies

Sarah E. Otis, CMT, LMT, CACP

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Client Information Form

* Full Name: _____


* E-Mail: _____

* Mailing Address: _____

* Home #: _____

* Work #: _____

* Cell #: _____

Put  next to best # to reach you

* Date of Birth: _____

Sex: _____

* How did you hear about me: _____

Rate each issues on level of severity 0 = no effect on life 10 = effects all areas of life

What are your main physical concerns or desires?

What are your main mental concerns or desires?

What are your main emotional concerns or desires?

Does Sarah Otis have permission.....

YES

NO

Does Sarah Otis have permission to call you?

Does Sarah Otis have permission to contact you via email?

Does Sarah Otis have permission to contact you by mail?

Signature: _____ **Date:** _____

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Use of Anahata Codes Consent Form

1. I understand that Anahata Codes, as taught by Anahata-Holly Hallowell, (hereinafter called these methods”), and as practiced by Sarah Otis, seek to identify and provide the Assisting Frequencies your body requests through muscle testing. This method of energy healing promotes harmony and balance within, relieving stress and supporting the body’s natural ability to heal. Energy healing such as these methods is widely recognized as a valuable and effective complement to conventional medical care.
2. I understand that adding Assisting Frequencies, or the correction of other energetic imbalance using these methods as practiced by Sarah Otis, **is not a substitute for medical care**. This information is **not intended as medical advice** and **should not be used for medical diagnoses or treatment**. Information received is **not intended to create any physician-patient relationship**, nor should it be considered a replacement for consultation with a healthcare provider, nor is it meant to replace any medical treatments as ordered by any physicians nor any medical care you have been advised to seek by them. I further understand that these methods are **not a replacement for any professional psycho-therapeutic or counseling sessions** in the treatment of any mental health issues or disorders.
3. I understand that if my practitioner makes any suggestions regarding supplementation or reinforcement of any kind, such as vitamins, minerals, herbal preparations, or any compounds or any other external remedy of any kind, water, crystals, or oil, that I use or ingest any such at my own risk, with the recommendation that I seek the advice of a physician before using any remedy suggested by Sarah Otis.
4. I understand that approximately 20% of sessions, the addition of Assisting Frequencies or other energy(s) may result in “processing”, where released low-level frequencies and energy shifting may manifest in temporary physical or emotional discomfort, and that this “processing” appears to be a normal part of regaining energetic balance.
5. I understand that Sarah Otis **makes not claims as to healing or recovery from any illness I may have now, nor the prevention of any illness I may have in the future**, and that no guarantee is made towards validity. I further understand that the use of any information I receive is at my own risk.
6. I understand that **if I have health concerns, I am recommended to seek advice from an appropriate medical practitioner** before making any decisions about my health, and that this information is offered as a service and is not meant to replace any medical treatment.
7. I understand that these sessions are confidential, and that any personal information would be used anonymously, unless you give permission or want your name shared, subject to any exceptions governed by laws of the state of Virginia, or of Federal laws and regulations, and that identifying personal information such as my last name will be deleted to maintain privacy, unless required by law.
8. I understand that I am advised to be self-informed about this work by visiting Anahata’s website:
www.AnahataCodes.com
I understand that by typing my name on this form, it is the same as signing it, and I fully consent to participating in Anahata Codes Sessions with Sarah Otis.

Date: _____

Signature: _____